

HEART OF DIXIE TRIATHLON

July 24, 2004

Lake Tiak-O'Khata Louisville,MS

Place	NO.	NAME	CITY	ST	AGE	S	SWIM		BIKE		S&B		RUN		PACE	OVERALL	PENLT	
							Plc	Time	Plc	Time	Plc	Time	Plc	Time				per
1	16	Matt Winstead	Huntsville	AL	22	M	2	10:21	7	1:06:24	24.8	3	1:16:45	4	40:34	5:48	1:57:19	
2	137	James Curwen	Asheville	NC	37	M	4	10:52	3	1:04:20	25.6	1	1:15:12	6	42:57	6:09	1:58:09	
3	102	Keith Strudler	Poughkeepsie	NY	33	M	13	11:51	9	1:07:22	24.5	9	1:19:13	1	39:30	5:39	1:58:43	
4	169	Tom Lowery	Gainsville	FL	41	M	9	11:22	1	1:03:56	25.8	2	1:15:18	13	44:27	6:21	1:59:45	
5	154	John Noblin	Jackson	MS	39	M	42	13:15	2	1:04:15	25.7	5	1:17:30	7	43:32	6:14	2:01:02	
6	196	Casey Fannin	Birmingham	AL	43	M	1	10:17	8	1:07:13	24.5	6	1:17:30	12	44:18	6:20	2:01:48	
7	146	Tony Allen	Birmingham	AL	37	M	14	11:51	5	1:05:41	25.1	7	1:17:32	14	44:33	6:22	2:02:05	
8	116	David Meadows	Birmingham	AL	35	M	5	10:55	11	1:08:45	24.0	10	1:19:40	9	43:56	6:17	2:03:36	
9	147	Tim Lawson	Helena	AL	27	M	8	11:20	6	1:06:00	25.0	4	1:17:20	20	46:48	6:42	2:04:08	

10	140	Trent Lowery	Birmingham	AL	38	M	31	12:49	4	1:05:16	25.3	8	1:18:05	18	46:37	6:40	2:04:42
11	172	Pete Prichard	Ocean Spring	MS	41	M	7	11:15	25	1:11:30	23.1	13	1:22:45	11	44:15	6:20	2:07:00
12	224	Leonard Vergunst	Ocean Spring	MS	48	M	147	16:08	28	1:12:01	22.9	53	1:28:09	3	40:17	5:46	2:08:26
13	64	Jason MacGregor	Birmingham	AL	29	M	22	12:16	29	1:12:10	22.9	22	1:24:26	10	44:09	6:19	2:08:35
14	127	Todd Henderson	Sylacauga	AL	36	M	106	14:59	18	1:10:11	23.5	27	1:25:10	8	43:42	6:15	2:08:52
15	252	Tim Brennan	Memphis	TN	40	M	27	12:24	17	1:09:59	23.6	12	1:22:23	23	47:20	6:46	2:09:43
16	160	Darryl Lehtola	Brandon	MS	40	M	16	12:00	24	1:11:17	23.1	18	1:23:17	22	47:10	6:45	2:10:27
17	108	DeShon Davis	Meridian	MS	34	M	79	14:28	15	1:09:35	23.7	21	1:24:03	25	47:32	6:48	2:11:35
18	105	Lance Bryant	Birmingham	AL	33	M	17	12:02	21	1:10:58	23.3	15	1:23:00	30	48:49	6:59	2:11:49
19	58	Micah White	Mississippi	MS	29	M	41	13:14	40	1:12:51	22.6	35	1:26:05	17	45:49	6:33	2:11:54
20	191	Roy Martin	Ridgeland	MS	43	M	80	14:31	23	1:11:14	23.2	31	1:25:45	21	46:53	6:42	2:12:38
21	71	Ali Rutledge	Germantown	TN	30	F	29	12:36	39	1:12:49	22.7	29	1:25:25	27	47:40	6:49	2:13:05
22	42	Joy Johnson	Germantown	TN	27	F	48	13:25	60	1:14:24	22.2	48	1:27:49	16	45:32	6:31	2:13:21
23	208	Keith Woods	Memphis	TN	46	M	11	11:33	70	1:15:49	21.8	44	1:27:22	19	46:47	6:41	2:14:09
24	53	Mason Bettenga	Memphis	TN	28	M	128	15:39	19	1:10:23	23.4	33	1:26:02	28	48:19	6:55	2:14:21
25	255	John Petelos	Birmingham	AL	54	M	49	13:27	27	1:11:58	22.9	30	1:25:25	34	49:23	7:04	2:14:48
26	14	Andrew Balthrop	Jackson	MS	21	M	23	12:16	20	1:10:47	23.3	17	1:23:03	51	52:03	7:27	2:15:06
27	238	Walton Burnett	Germantown	TN	50	M	34	12:59	55	1:13:48	22.4	37	1:26:47	31	49:05	7:01	2:15:52
28	241	Ed Wheeler	Gulfport	MS	51	M	83	14:34	57	1:14:04	22.3	55	1:28:38	24	47:22	6:46	2:16:00

29	97 Marc Sims	Kosciusko	MS	32 M	54 13:31	32 1:12:18	22.8	32 1:25:49	40 50:30	7:13 2:16:19
30	153 Tom Goode	Oxford	MS	39 M	32 12:51	30 1:12:12	22.9	26 1:25:03	48 51:43	7:24 2:16:46
31	119 Shannon Knott	Brookhaven	MS	35 M	60 13:49	43 1:12:59	22.6	38 1:26:48	38 50:03	7:09 2:16:51
32	45 Peter Stavrides	Meridian	MS	27 M	103 14:55	33 1:12:21	22.8	43 1:27:16	26 47:39	6:49 2:16:55 2:00
33	12 Julia Cathcart	Starkville	MS	20 F	70 14:12	127 1:20:44	20.4	113 1:34:56	5 42:06	6:01 2:17:02
34	19 Joel Rutledge	Germantown	TN	29 M	47 13:22	58 1:14:13	22.2	46 1:27:35	37 49:40	7:06 2:17:15
35	69 Slade Fancher	Louisville	MS	29 M	129 15:39	12 1:08:58	23.9	24 1:24:37	55 52:39	7:32 2:17:16
36	80 Todd Rollins	Columbus	MS	30 M	52 13:29	61 1:14:24	22.2	51 1:27:53	33 49:23	7:04 2:17:16
37	72 Amy Bertas	Pensacola	FL	30 F	6 11:02	41 1:12:54	22.6	19 1:23:56	61 53:23	7:38 2:17:19
38	51 Hamp Gaston	Brandon	MS	28 M	45 13:16	38 1:12:46	22.7	34 1:26:02	46 51:35	7:23 2:17:37
39	111 Brad Rollins	Columbus	MS	34 M	24 12:17	10 1:08:18	24.2	11 1:20:35	100 57:11	8:11 2:17:46
40	157 Lori Goldweber	Birmingham	AL	40 F	12 11:40	45 1:13:15	22.5	25 1:24:55	56 52:55	7:34 2:17:50
41	164 Marcus Eichhorn	Monroe	LA	40 M	15 11:52	22 1:11:00	23.2	14 1:22:52	57 53:03	7:35 2:17:55 2:00
42	109 Ron Fender	Jackson	MS	34 M	58 13:41	50 1:13:27	22.5	42 1:27:08	44 50:57	7:17 2:18:05
43	187 Bo Bourne	Jackson	MS	42 M	64 14:00	13 1:09:00	23.9	16 1:23:00	80 55:39	7:57 2:18:39
44	76 Chris Morgan	Meridian	MS	30 M	90 14:45	16 1:09:43	23.7	23 1:24:28	54 52:33	7:31 2:19:01 2:00
45	189 Johnny Miles	Tupelo	MS	43 M	67 14:03	63 1:14:35	22.1	56 1:28:38	43 50:38	7:14 2:19:16
46	217 Wayne Jimenez	Ridgeland	MS	47 M	112 15:13	56 1:13:59	22.3	62 1:29:12	39 50:25	7:13 2:19:37
47	73 Michael Weaver	Sebastopol	MS	30 M	99 14:52	14 1:09:07	23.9	20 1:23:59	62 53:47	7:41 2:19:46 2:00

48	190 Jeff Keady	Thomaston	GA	43 M	168 16:34	99 1:18:14	21.1	111 1:34:48	15 45:12	6:28	2:20:00	
49	324 Anna Sanders	Oxford	MS	22 F	82 14:32						2:20:00	
50	237 Jerry Ryan	Hoover	AL	50 M	43 13:15						2:20:07	
51	138 Lawrence Welden	Meridian	MS	37 M	71 14:12	26 1:11:54	22.9	36 1:26:06	70 54:32	7:48	2:20:38	
52	259 Al Montgomery	Germantown	TN	55 M	56 13:32	51 1:13:28	22.5	40 1:27:00	65 54:04	7:44	2:21:04	
53	26 Kelly White	Mississippi	MS	24 F	120 15:20	59 1:14:21	22.2	68 1:29:41	35 49:33	7:05	2:21:14	2:00
54	68 Derek Hlavak	Madison	MS	29 M	39 13:09	31 1:12:15	22.8	28 1:25:24	91 56:17	8:03	2:21:41	
55	115 Michael Sessions	Birmingham	AL	35 M	118 15:19	37 1:12:44	22.7	52 1:28:03	64 53:52	7:42	2:21:55	
56	314 Janie Davis	Birmingham	AL	40 F				63 1:29:12	58 53:12	7:36	2:22:24	
57	250 Rick Fontan	Collinsville	MS	53 M	223 18:47	62 1:14:28	22.2	98 1:33:15	32 49:11	7:02	2:22:26	
58	124 Byran Christopher	Louisville	MS	36 M	227 19:00	46 1:13:15	22.5	91 1:32:15	42 50:37	7:14	2:22:52	
59	199 Jerry Keywood	Hazlehurst	MS	44 M	183 16:56	94 1:17:47	21.2	110 1:34:43	29 48:30	6:56	2:23:13	
60	110 Julie Milligan	Corinth	MS	34 F	145 15:57	68 1:15:16	21.9	79 1:31:13	52 52:16	7:28	2:23:29	
61	134 Todd Gray	Gardendale	AL	37 M	77 14:25	49 1:13:26	22.5	50 1:27:51	81 55:39	7:57	2:23:30	
62	15 Trey Wofford	Jackson	MS	21 M	19 12:03	109 1:19:30	20.8	83 1:31:33	50 52:02	7:26	2:23:35	
63	130 Alan Bates	Alabaster	AL	36 M	46 13:21	53 1:13:39	22.4	41 1:27:00	97 56:50	8:08	2:23:50	
64	28 Avery Ainsworth	Starkville	MS	24 M	10 11:28	80 1:16:52	21.5	54 1:28:20	92 56:19	8:03	2:24:39	
65	8 Milton Fletcher	Kosciusko	MS	18 M	144 15:56	67 1:15:01	22.0	75 1:30:57	49 51:56	7:26	2:24:53	2:00
66	118 Jay Angelo	Madison	MS	35 M	136 15:48	64 1:14:35	22.1	69 1:30:23	71 54:37	7:49	2:25:00	

67	323	Katherine Mowat	Oxford	MS	26	F	86	14:38										2:25:13
68	321	Randy Barrett	Decatur	MS	33	M	78	14:25	77	1:16:22	21.6	73	1:30:47	68	54:26	7:47		2:25:13
69	36	Harley Hollingswort	Carthage	MS	26	M	153	16:21	35	1:12:28	22.8	58	1:28:49	69	54:27	7:47		2:25:16 2:00
70	150	Danny Richardson	Louisville	MS	39	M	173	16:42	65	1:14:35	22.1	81	1:31:17	67	54:13	7:45		2:25:30

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Lake Tiak-O'Khata Louisville,MS

SWIM SWIM BIKE BIKE BIKE S&B SWI&BIK RUN RUN PACE OVERALL

Splt Splt Splt Split Splt Cum Cum Spt Splt per Cum

Place	NO.	NAME	CITY	ST	AGE	S	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	Mile	Time	PENLT
71	165	Richard Bilbo	Brandon	MS	40	M	59	13:44	69	1:15:38	21.8	64	1:29:22	88	56:10	8:02		2:25:32
72	22	Laura Young	Jackson	MS	23	F	61	13:49	102	1:18:26	21.0	92	1:32:15	45	51:24	7:21		2:25:39 2:00
73	104	Walt Wasson	Ridgeland	MS	33	M	108	15:06	90	1:17:24	21.3	94	1:32:30	60	53:16	7:37		2:25:46

74	265	Johnny Montgomery	Homewood	AL	58 M	38	13:07	76	1:16:16	21.6	65	1:29:23	93	56:29	8:05	2:25:52
75	48	Brad Gipson	Meridian	MS	28 M	243	19:48									2:26:09
76	171	Brig Bearden	Birmingham	AL	41 M						59	1:28:50	104	57:44	8:15	2:26:34
77	231	Frank Pavlov	Biloxi	MS	49 M	134	15:44	44	1:13:01	22.6	57	1:28:45	106	57:50	8:16	2:26:35
78	173	Jim Sisson	Rideland	MS	41 M	3	10:48	126	1:20:42	20.4	82	1:31:30	77	55:23	7:55	2:26:53
79	43	Lara MacGregor	Birmingham	AL	27 F	73	14:15	119	1:20:15	20.6	106	1:34:30	53	52:24	7:30	2:26:54
80	239	Jerald Ainsworth	Starkville	MS	50 M	68	14:04	81	1:16:52	21.5	74	1:30:56	90	56:15	8:03	2:27:11
81	112	Rand Ray	Jackson	MS	34 M	116	15:18	79	1:16:27	21.6	85	1:31:45	89	56:12	8:02	2:27:57
82	83	Jeff Cox	Madison	MS	31 M	101	14:54	75	1:16:08	21.7	76	1:31:02	102	57:32	8:14	2:28:34
83	253	Thomas Moore	Brandon	MS	54 M	62	13:53	42	1:12:57	22.6	39	1:26:50	143	61:55	8:51	2:28:45
84	4	Jeffery Eifert	Daleville	MS	17 M	155	16:22	36	1:12:31	22.8	60	1:28:53	129	60:14	8:37	2:29:07
85	131	Steven Reid	Memphis	TN	36 M						70	1:30:30	114	58:42	8:24	2:29:12
86	174	Bruce Truitt	Collierville	TN	41 M	122	15:22	96	1:17:53	21.2	99	1:33:15	94	56:35	8:05	2:29:50
87	57	Jason Cox	Brandon	MS	29 M	81	14:31	47	1:13:19	22.5	49	1:27:50	128	60:03	8:35	2:29:53 2:00
88	62	Temple Waddell	Ridgeland	MS	29 F	100	14:52	167	1:24:38	19.5	152	1:39:30	41	50:30	7:13	2:30:00
89	251	Bob Marston	Roland	AR	53 M	30	12:38	108	1:19:21	20.8	89	1:31:59	109	58:10	8:19	2:30:09
90	214	Andrew Kellum	Saltillo	MS	47 M	110	15:07	86	1:17:12	21.4	93	1:32:19	107	57:51	8:16	2:30:10
91	260	Emry Kennedy	Meridian	MS	55 M	140	15:51	54	1:13:46	22.4	67	1:29:37	132	60:38	8:40	2:30:15
92	79	John Williams	Philadelphia	MS	30 M	65	14:01	52	1:13:33	22.4	45	1:27:34	148	62:49	8:59	2:30:23

93	201 Pamela Routh	Memphis	TN	45 F	72 14:13	120 1:20:17	20.6	107 1:34:30	87 56:09	8:02 2:30:39
94	25 Thomas Cefalu	Eudora	AR	24 M	63 13:57	93 1:17:39	21.2	84 1:31:36	120 59:14	8:28 2:30:50
95	34 Jacob Dinkins	Vail	CO	26 M	84 14:34	131 1:20:52	20.4	118 1:35:26	63 53:50	7:42 2:31:16 2:00
96	120 Renee Maddox	Pearl	MS	35 F	91 14:47	132 1:20:57	20.4	123 1:35:44	82 55:42	7:58 2:31:26
97	257 David Beckett	Hattiesburg	MS	54 M	57 13:32	111 1:19:39	20.7	97 1:33:11	111 58:19	8:20 2:31:30
98	233 Kristin Vergunst	Ocean Spring	MS	50 F	205 17:39	85 1:17:09	21.4	112 1:34:48	98 56:54	8:08 2:31:42
99	7 Richard Goldman	Philadelphia	MS	18 M	179 16:51	98 1:18:09	21.1	114 1:35:00	96 56:49	8:07 2:31:49
100	49 Calvin Thigpen	Jackson	MS	28 M	170 16:40	248 1:35:32	17.3	238 1:52:12	2 39:52	5:42 2:32:04
101	60 Dan Young	Carthage	MS	29 M	148 16:09	88 1:17:14	21.4	100 1:33:23	115 58:49	8:25 2:32:12
102	10 Ike Munn	Collinsville	MS	19 M	162 16:26	66 1:14:49	22.1	80 1:31:15	75 55:10	7:53 2:32:25 6:00
103	139 Barbara Geater	Memphis	TN	38 F	66 14:02	116 1:19:56	20.6	103 1:33:58	112 58:32	8:22 2:32:30
104	203 Jay Vining	Collinsville	MS	45 M	137 15:49	74 1:16:06	21.7	87 1:31:55	135 60:51	8:42 2:32:46
105	1 Christian Eifert	Daleville	MS	14 M	35 12:59	180 1:26:20	19.1	150 1:39:19	66 54:05	7:44 2:33:24
106	170 Chuck Harrison	Marion	MS	41 M	92 14:47	95 1:17:47	21.2	95 1:32:34	117 58:55	8:25 2:33:29 2:00
107	225 Amy Keywood	Hazlehurst	MS	48 F	87 14:38	135 1:21:12	20.3	124 1:35:50	105 57:44	8:15 2:33:34
108	44 Brant Ratcliffe	Oxford	MS	27 M	37 13:06	169 1:24:51	19.4	139 1:37:57	79 55:39	7:57 2:33:36
109	151 Scott Jones	Columbus	MS	39 M	123 15:22	34 1:12:23	22.8	47 1:27:45	180 66:00	9:26 2:33:45
110	322 Chuck Rose	Grenada	MS	32 M	109 15:06	133 1:20:58	20.4	125 1:36:04	83 55:43	7:58 2:33:47 2:00
111	270 Keith Johnson	Destin	FL	61 M	141 15:53	91 1:17:37	21.3	102 1:33:30	131 60:17	8:37 2:33:47

112	155	David Martin	Madison	MS	40	M	171	16:40	73	1:16:05	21.7	96	1:32:45	121	59:18	8:29	2:34:03	2:00
113	261	Bob Clark	Gulfport	MS	55	M	228	19:01	117	1:20:04	20.6	149	1:39:05	73	55:00	7:52	2:34:05	
114	230	Stephen Walker	Carriere	MS	49	M	149	16:13	87	1:17:12	21.4	101	1:33:25	133	60:45	8:41	2:34:10	
115	232	Dwight Reeves	Starkville	MS	49	M	138	15:49	114	1:19:51	20.7	122	1:35:40	123	59:23	8:29	2:35:03	
116	98	Stacy Crosby	Brandon	MS	32	M	273	25:11	100	1:18:24	21.0	184	1:43:35	47	51:40	7:23	2:35:15	
117	207	Joseph Mooney	Brookhaven	MS	46	M	93	14:47	123	1:20:28	20.5	116	1:35:15	127	60:01	8:35	2:35:16	
118	9	Timmy Farish	Louisville	MS	19	M	94	14:47	110	1:19:32	20.7	105	1:34:19	136	60:59	8:43	2:35:18	
119	263	Mike Sullivan	Starkville	MS	56	M	126	15:30	160	1:23:51	19.7	151	1:39:21	86	56:00	8:00	2:35:21	
120	161	Chris Neudecker	Brandon	MS	40	M	97	14:50	113	1:19:44	20.7	108	1:34:34	134	60:50	8:42	2:35:24	
121	235	Ted Dufour	Brandon	MS	50	M	74	14:18	82	1:16:52	21.5	78	1:31:10	159	64:19	9:12	2:35:29	
122	234	Steve Phillips	Purvis	MS	50	M	203	17:33	107	1:19:07	20.9	130	1:36:40	124	59:26	8:30	2:36:06	
123	266	Mike White	Starkville	MS	58	M	233	19:20	105	1:18:50	20.9	141	1:38:10	118	59:03	8:27	2:37:13	
124	186	Andy Taleisnik	Jackson	MS	42	M	242	19:47	143	1:22:05	20.1	173	1:41:52	78	55:31	7:56	2:37:23	
125	279	Bud Brown	Collinsville	MS	43	M	245	19:57									2:37:40	
126	70	Josh Huff	Brandon	MS	30	M	157	16:24	141	1:21:51	20.2	142	1:38:15	125	59:27	8:30	2:37:42	
127	243	John Wofford	Jackson	MS	51	M	40	13:12	103	1:18:38	21.0	86	1:31:50	157	64:08	9:10	2:37:58	2:00
128	30	Kent Mortimer	Ridgeland	MS	25	M	107	14:59	136	1:21:14	20.3	127	1:36:13	140	61:47	8:50	2:38:00	
129	210	David Phares	McCALLA	AL	46	M	263	22:06	101	1:18:24	21.0	162	1:40:30	103	57:43	8:15	2:38:13	
130	5	Jay Keywood	Hazlehurst	MS	17	M	139	15:50	164	1:24:26	19.5	159	1:40:16	110	58:14	8:20	2:38:30	

131	136	Allen Hossley	Tyler	TX	37	M	53	13:30	89	1:17:15	21.4	72	1:30:45	178	65:46	9:24	2:38:31	2:00
132	86	Kathleen Caldwell	Columbus	MS	31	F	18	12:02	150	1:22:35	20.0	109	1:34:37	155	64:02	9:09	2:38:39	
133	318	Mark Bresee	Tupelo	MS	30	M	25	12:18	112	1:19:42	20.7	90	1:32:00	184	66:45	9:33	2:38:45	
134	215	Tracy Schuleman	Memphis	TN	47	F	113	15:13	145	1:22:09	20.1	135	1:37:22	139	61:34	8:48	2:38:56	
135	142	Chris Adams	Philadelphia	MS	38	M	220	18:42	92	1:17:37	21.3	129	1:36:19	147	62:48	8:59	2:39:07	
136	306	Tommy Lambert	Baton Rouge	LA	44	M	166	16:32	195	1:27:58	18.8	189	1:44:30	72	54:52	7:51	2:39:22	
137	126	Josephine Lowery	Homewood	AL	36	F	192	17:10	233	1:32:58	17.7	226	1:50:08	36	49:38	7:06	2:39:46	
138	308	Brandon King	Carthage	MS	17	M	181	16:52	154	1:23:13	19.8	157	1:40:05	126	59:50	8:33	2:39:55	
139	300	Kristi Voss	Brandon	MS	30	F	213	18:15	149	1:22:32	20.0	168	1:40:47	122	59:20	8:29	2:40:07	
140	99	Patrick Eakes	Philadelphia	MS	33	M	218	18:32	122	1:20:22	20.5	146	1:38:54	138	61:23	8:47	2:40:17	

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HEART OF DIXIE TRIATHLON

July 24, 2004

Lake Tiak-O'Khata Louisville,MS

SWIM SWIM BIKE BIKE BIKE S&B SWI&BIK RUN RUN PACE OVERALL

Place	NO.	NAME	CITY	ST	AGE	S	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	Mile	Time	PENLT
141	27	Allyson Liberto	Nashville	TN	24	F	33	12:51	155	1:23:24	19.8	128	1:36:15	161	64:28	9:13	2:40:43	
142	88	Monica Emory	Biloxi	MS	31	F	75	14:18	157	1:23:31	19.8	137	1:37:49	149	63:10	9:02	2:40:59	
143	184	Jeffery Wall	Ridgeland	MS	42	M	249	20:19	71	1:15:50	21.8	126	1:36:09	167	64:53	9:17	2:41:02	
144	75	Jason Roberson	Carthage	MS	30	M	257	21:15	171	1:25:03	19.4	202	1:46:18	74	55:05	7:53	2:41:23	
145	106	Billy Doughty	Starkville	MS	34	M	85	14:35	130	1:20:51	20.4	119	1:35:26	181	66:16	9:28	2:41:42	
146	61	Josh Broome	Clinton	MS	29	M	125	15:27	115	1:19:52	20.7	117	1:35:19	185	66:47	9:33	2:42:06	
147	149	John Rea	Ridgeland	MS	39	M	132	15:42	146	1:22:13	20.1	138	1:37:55	163	64:31	9:13	2:42:26	
148	244	Sam White	Memphis	TN	51	M	164	16:27	216	1:30:12	18.3	205	1:46:39	84	55:51	7:59	2:42:30	
149	107	Mark Hartnett	Kosciusko	MS	34	M	135	15:46	48	1:13:22	22.5	61	1:29:08	190	67:31	9:39	2:42:39	6:00
150	100	Courtney Buxner	St. Louis	MO	33	F	96	14:48	142	1:22:00	20.1	132	1:36:48	179	65:54	9:25	2:42:42	
151	301	Jeff Guynes	Ridgeland	MS	41	M	88	14:40	72	1:15:53	21.7	71	1:30:33	220	72:16	10:20	2:42:49	
152	163	Mike Cranston	Natchez	MS	40	M	219	18:38	106	1:18:57	20.9	136	1:37:35	172	65:18	9:20	2:42:53	
153	307	John Magro	Madison	MS	33	M	69	14:04	84	1:17:01	21.4	77	1:31:05	218	72:01	10:18	2:43:06	
154	81	Duane Poole	Jackson	MS	30	M	216	18:26	125	1:20:36	20.5	148	1:39:02	156	64:07	9:10	2:43:09	
155	39	Mandy Conrad	Starkville	MS	27	F	175	16:45	219	1:30:33	18.2	210	1:47:18	85	55:55	8:00	2:43:13	
156	305	Kette Dornbusch	Jackson	MS	33	M	186	16:59									2:43:14	

157	40	Dusty Culpepper	Meridian	MS	27	M	198	17:21	158	1:23:40	19.7	169	1:41:01	146	62:39	8:57	2:43:40	
158	59	Damien Kinard	Starkville	MS	29	M	197	17:15								2:43:52	2:00	
159	246	Irby Lang	Meridian	MS	52	M	146	16:04	165	1:24:32	19.5	164	1:40:36	150	63:16	9:03	2:43:52	
160	2	Cora Eifert	Daleville	MS	15	F	36	13:00	187	1:27:04	19.0	156	1:40:04	154	63:58	9:09	2:44:02	
161	67	Charles Gagliano	Birmingham	AL	29	M	185	16:58	97	1:18:02	21.1	115	1:35:00	199	69:04	9:52	2:44:04	
162	319	Kevin Mangrum	Tupelo	MS	37	M	95	14:47	128	1:20:45	20.4	120	1:35:32	194	68:41	9:49	2:44:13	
163	177	Clay Haller	Madison	MS	41	M	76	14:20	137	1:21:17	20.3	121	1:35:37	195	68:41	9:49	2:44:18	
164	220	Delynn Burkhalter	Columbus	MS	47	M	200	17:24								2:44:21		
165	152	Richard Barker	Brookhaven	MS	39	M	195	17:14	156	1:23:24	19.8	165	1:40:38	152	63:50	9:08	2:44:28	
166	32	Ali Ghaffari	Meridian	MS	25	M	264	22:09	176	1:25:45	19.2	212	1:47:54	95	56:36	8:06	2:44:30	
167	316	Derrin Zaharias	Birmingham	AL	43	F	163	16:26	178	1:26:14	19.1	178	1:42:40	142	61:53	8:51	2:44:33	
168	176	James Brown	Jackson	MS	41	M	114	15:16	166	1:24:37	19.5	154	1:39:53	165	64:41	9:15	2:44:34	
169	18	Rebecca Randle	Amory	MS	21	F	55	13:31	213	1:30:09	18.3	186	1:43:40	137	61:15	8:45	2:44:55	
170	325	Cara Hunter	Birmingham	AL	39	F	177	16:49	159	1:23:50	19.7	166	1:40:39	160	64:27	9:13	2:45:06	
171	128	Vivian Torres	Harahan	LA	36	F	50	13:27	124	1:20:32	20.5	104	1:33:59	211	71:19	10:12	2:45:18	
172	299	Tim Brown	Starkville	MS	33	M	131	15:41	134	1:21:07	20.3	133	1:36:48	186	66:49	9:33	2:45:37	2:00
173	65	Brian Puls	Baton Rouge	LA	29	M	229	19:01	207	1:29:43	18.4	219	1:48:44	99	56:57	8:09	2:45:41	
174	216	David Lessley	Sallisaw	OK	47	M	180	16:51	239	1:33:58	17.6	230	1:50:49	76	55:18	7:54	2:46:07	
175	50	Helen Summerford	Jackson	MS	28	F	98	14:51	179	1:26:16	19.1	171	1:41:07	173	65:18	9:20	2:46:25	

176	20	Claire Grusendorf	Newton	MS	23	F	178	16:49	140	1:21:32	20.2	143	1:38:21	182	66:16	9:28	2:46:37	2:00
177	141	Byron Culpepper	Memphis	TN	38	M	26	12:21	175	1:25:43	19.2	140	1:38:04	198	69:01	9:52	2:47:05	
178	212	Ronnie Pittman	Corinth	MS	46	M	232	19:19	153	1:23:01	19.9	174	1:42:20	169	65:02	9:18	2:47:22	
179	200	Bill Osborne	Hoover	AL	44	M	130	15:39	161	1:24:11	19.6	153	1:39:50	192	67:44	9:41	2:47:34	
180	132	Bill Bryson	Baton Rouge	LA	37	M	44	13:15	104	1:18:41	21.0	88	1:31:56	231	75:42	10:49	2:47:38	
181	245	Ray Baum	Winona	MS	52	M	237	19:25	152	1:23:00	19.9	175	1:42:25	171	65:13	9:19	2:47:38	
182	179	Andrew Ketchings	Natchez	MS	41	M	267	23:12	228	1:31:47	18.0	249	1:54:59	59	53:14	7:37	2:48:13	
183	273	Travis Joiner	Louisville	MS	63	M	252	20:46	172	1:25:14	19.4	198	1:46:00	144	62:14	8:54	2:48:14	
184	247	Marita Martin	Grand Bay	AL	52	F	206	17:45	173	1:25:30	19.3	182	1:43:15	175	65:22	9:21	2:48:37	
185	309	Wendell Halveston	Hattiesburg	MS	39	M	124	15:24	138	1:21:20	20.3	131	1:36:44	216	71:56	10:17	2:48:40	
186	159	Grant Hunter	Memphis	TN	40	M	142	15:54	183	1:26:36	19.1	176	1:42:30	183	66:20	9:29	2:48:50	
187	90	Justin Mills	Hickory	MS	31	M	156	16:23	147	1:22:20	20.0	145	1:38:43	207	70:13	10:02	2:48:56	
188	52	Christie Barber	Crystal Spri	MS	28	F	247	20:04	211	1:29:59	18.3	225	1:50:03	119	59:05	8:27	2:49:08	
189	29	John Henegan	Oxford	MS	24	M	199	17:22	236	1:33:17	17.7	229	1:50:39	113	58:41	8:23	2:49:20	
190	38	Morgan Clark	Starkville	MS	26	F	158	16:24	221	1:30:51	18.2	209	1:47:15	145	62:22	8:55	2:49:37	
191	262	Ken Meacham	Brookhaven	MS	55	M	224	18:55	182	1:26:25	19.1	191	1:45:20	162	64:30	9:13	2:49:50	
192	63	Matt Denton	Birmingham	AL	29	M	194	17:12	193	1:27:43	18.8	190	1:44:55	170	65:13	9:19	2:50:08	
193	77	Katherine Sculthorp	Shalimar	FL	30	F	127	15:31	222	1:30:59	18.1	204	1:46:30	153	63:53	9:08	2:50:23	
194	313	Karen Hand	Jackson	MS	24	F	234	19:21	242	1:34:12	17.5	242	1:53:33	101	57:20	8:12	2:50:53	

195	192 Sharon Brown	Jackson	MS	43 F	154 16:21	208 1:29:44	18.4	200 1:46:05	168 64:54	9:17	2:50:59
196	268 William Wood	Birmingham	AL	59 M	28 12:30	83 1:16:57	21.4	66 1:29:27	250 81:35	11:40	2:51:02
197	213 Drew Rozelle	Brandon	MS	46 M	117 15:18	188 1:27:14	18.9	177 1:42:32	196 68:51	9:51	2:51:23
198	162 Beth Brantley	Ridgeland	MS	40 F	150 16:13	184 1:26:38	19.0	180 1:42:51	201 69:38	9:57	2:52:29
199	183 Robin Crawford	Pearl	MS	42 M	244 19:55	174 1:25:39	19.3	193 1:45:34	188 67:10	9:36	2:52:44
200	256 David James	Lakeland	TN	54 M	274 25:13	205 1:29:30	18.4	246 1:54:43	108 58:06	8:18	2:52:49
201	41 Chris Grusendorf	Newton	MS	27 M	268 23:31	78 1:16:26	21.6	155 1:39:57	222 73:15	10:28	2:53:12
202	185 Scott Beatty	Hoover	AL	42 M	20 12:09	186 1:26:46	19.0	147 1:38:55	229 74:59	10:43	2:53:54
203	211 Tommy Cobb	Starkville	MS	46 M	238 19:25	210 1:29:57	18.3	224 1:49:22	164 64:36	9:14	2:53:58
204	312 John Nowell	Jackson	MS	31 M	202 17:28	151 1:22:57	19.9	160 1:40:25	225 73:44	10:32	2:54:09
205	209 Teresa Wilson	Madison	MS	46 F	104 14:56	194 1:27:49	18.8	179 1:42:45	213 71:35	10:14	2:54:20
206	269 Randy Barnes	Meridian	MS	58 M	265 22:12	200 1:28:43	18.6	232 1:50:55	151 63:30	9:05	2:54:25
207	144 Terry Hight	Flowood	MS	38 M	172 16:41	181 1:26:21	19.1	181 1:43:02	214 71:43	10:15	2:54:45
208	46 Carol Ann Doughty	Starkville	MS	28 F	210 18:08	255 1:37:51	16.9	255 1:55:59	116 58:50	8:25	2:54:49
209	103 Ginger Skinner	Madison	MS	33 F	225 18:57	185 1:26:43	19.0	194 1:45:40	204 69:54	10:00	2:55:34
210	156 Yvonne Warren	Brandon	MS	40 F	209 18:04	190 1:27:26	18.9	192 1:45:30	206 70:08	10:02	2:55:38

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HEART OF DIXIE TRIATHLON

July 24, 2004

Lake Tiak-O'Khata Louisville,MS

Place	NO.	NAME	CITY	ST	AGE	S	SWIM		BIKE		S&B		RUN		PACE	OVERALL	PENLT
							Plc	Time	Plc	Time	Plc	Time	Plc	Time			
211	221	Patrick Davey	Brookhaven	MS	47	M	212	18:11	218	1:30:20	18.3	216	1:48:31	189	67:16	9:37	2:55:47
212	31	Mary Collins	Hoover	AL	25	F	105	14:57	199	1:28:38	18.6	185	1:43:35	221	72:36	10:23	2:56:11
213	198	Wendell Willis	Philadelphia	MS	44	M	258	21:40	201	1:28:50	18.6	227	1:50:30	177	65:45	9:24	2:56:15
214	315	George Zaharias	Birmingham	AL	40	M	102	14:54	144	1:22:07	20.1	134	1:37:01	244	79:48	11:24	2:56:49
215	223	Donna Kellum	Saltillo	MS	48	F	143	15:54	251	1:36:16	17.1	237	1:52:10	166	64:45	9:15	2:56:55
216	85	Jeff Barnette	Pearl	MS	31	M	239	19:35	235	1:33:15	17.7	240	1:52:50	158	64:08	9:10	2:56:58
217	117	John Miller	Philadelphia	MS	35	M	152	16:19	168	1:24:50	19.4	172	1:41:09	232	75:51	10:51	2:57:00
218	195	William Ishee	Collinsville	MS	43	M	196	17:14	198	1:28:27	18.7	195	1:45:41	210	71:19	10:12	2:57:00
219	33	Nash Molpus	Jackson	MS	25	F	188	17:06	262	1:40:42	16.4	260	1:57:48	130	60:15	8:37	2:58:03
220	21	Benjamin Peebles	Philadelphia	MS	23	M	254	20:55	191	1:27:36	18.8	217	1:48:31	202	69:39	9:57	2:58:10

221	82 Chasity Wells	Noxapater	MS	30 F	231	19:04	196	1:28:23	18.7	211	1:47:27	208	70:47	10:07	2:58:14
222	94 Shon Kirkland	Philadelphia	MS	32 M	259	21:42	170	1:24:59	19.4	206	1:46:41	217	71:59	10:17	2:58:40
223	182 Terry Towler	Ridgeland	MS	42 M	221	18:45	139	1:21:25	20.3	158	1:40:10	237	78:40	11:15	2:58:50
224	121 Kenneth Biskner	Birmingham	AL	35 M	261	21:55	177	1:26:01	19.2	213	1:47:56	209	71:15	10:11	2:59:11
225	222 David Parker	Yazoo City	MS	47 M	215	18:24	189	1:27:20	18.9	196	1:45:44	223	73:33	10:31	2:59:17
226	258 Mice Misenheimer	Carriere	MS	55 M	174	16:42	163	1:24:22	19.6	170	1:41:04	235	78:24	11:12	2:59:28
227	175 Joe Killens	Decatur	MS	41 M	262	21:56	202	1:28:56	18.6	231	1:50:52	197	68:51	9:51	2:59:43
228	204 Cecelia Bunyard	Meridian	MS	45 F	159	16:24	204	1:29:24	18.5	197	1:45:48	227	73:59	10:35	2:59:47
229	133 Melissa Miller	Wartrace	TN	37 F	208	17:57	214	1:30:09	18.3	214	1:48:06	215	71:45	10:15	2:59:51
230	218 Karen Koch	Starkville	MS	47 F	222	18:46	249	1:35:54	17.2	245	1:54:40	174	65:22	9:21	3:00:02
231	188 Will Smithhart	Amory	MS	43 M	204	17:36	234	1:32:59	17.7	228	1:50:35	203	69:47	9:59	3:00:22
232	249 Rex LeBert	Gulfport	MS	53 M	89	14:40	230	1:32:16	17.9	207	1:46:56	224	73:42	10:32	3:00:38
233	304 Robert Bowton	Brookhaven	MS	63 M	251	20:29	245	1:34:40	17.4	251	1:55:09	176	65:33	9:22	3:00:42
234	35 Penny Wells	Noxapater	MS	26 F	193	17:11	209	1:29:51	18.4	208	1:47:02	230	75:07	10:44	3:02:09
235	205 Tommy Cox	Lake Cormora	MS	45 M	255	21:01	223	1:31:17	18.1	239	1:52:18	205	70:04	10:01	3:02:22
236	13 Jessica King	Jackson	TN	21 F	167	16:33	257	1:39:07	16.6	254	1:55:40	187	66:57	9:34	3:02:37
237	248 Steve DeMedicis	Birmingham	AL	52 M	169	16:34	252	1:36:36	17.1	241	1:53:10	200	69:38	9:57	3:02:48
238	277 David Oakes	Kosciusko	MS	69 M	269	23:44	118	1:20:05	20.6	188	1:43:49	239	79:12	11:19	3:03:01
239	180 Mindy Schwartz	Reno	NV	42 F	111	15:08	260	1:39:53	16.5	250	1:55:01	193	68:03	9:44	3:03:04

240	271 Ed Balthrop	Jackson	MS	61 M	165 16:27	162 1:24:18	19.6	167 1:40:45	253 82:31	11:48	3:03:16
241	226 Paul Colman	Madison	MS	48 M	21 12:10	197 1:28:25	18.7	163 1:40:35	254 83:10	11:53	3:03:45
242	194 Anne MacMaster	Jackson	MS	43 F	189 17:07	267 1:45:16	15.7	267 2:02:23	141 61:51	8:51	3:04:14
243	3 Hanna Johnson	Noxapater	MS	16 F	217 18:31	192 1:27:40	18.8	201 1:46:11	236 78:38	11:14	3:04:49
244	113 Kristie King	Draper	UT	34 F	119 15:19	237 1:33:25	17.7	220 1:48:44	233 76:35	10:57	3:05:19
245	56 Brandon Barr	Lauderdale	MS	28 M	256 21:12	148 1:22:28	20.0	187 1:43:40	252 81:59	11:43	3:05:39
246	320 Mac Davis	Tupelo	MS	34 M	240 19:38	129 1:20:48	20.4	161 1:40:26	259 85:39	12:15	3:06:05
247	240 Bill Greenleaf	Ridgeland	MS	51 M	51 13:28	212 1:29:59	18.3	183 1:43:27	256 83:22	11:55	3:06:49
248	47 Michael Vanveckhove	Meridian	MS	28 M	176 16:45	203 1:29:15	18.5	199 1:46:00	248 80:57	11:34	3:06:57
249	206 Haimes Critz	Starkville	MS	49 M	160 16:25	227 1:31:42	18.0	215 1:48:07	241 79:20	11:20	3:07:27
250	168 John Ryan	Meridian	MS	40 M	211 18:10	256 1:37:59	16.8	256 1:56:09	212 71:31	10:13	3:07:40
251	193 Sonya King	Murfreesboro	TN	43 F	235 19:22	243 1:34:26	17.5	244 1:53:48	228 74:01	10:35	3:07:49
252	24 Matthew Frost	Oxford	MS	23 M	184 16:57	265 1:43:21	16.0	263 2:00:18	191 67:33	9:39	3:07:51
253	158 Martha Davis	Madison	MS	40 F	190 17:07	244 1:34:35	17.4	235 1:51:42	245 80:14	11:28	3:11:56
254	95 Dennis Gossett	Oxford	MS	32 M	191 17:09	246 1:34:43	17.4	236 1:51:52	246 80:41	11:32	3:12:33
255	254 Wiley Collins	Noxapater	MS	54 M	277 27:12	238 1:33:38	17.6	265 2:00:50	219 72:14	10:20	3:13:04
256	66 Ryan Henry	Meridian	MS	29 M	253 20:51	240 1:34:04	17.5	247 1:54:55	238 78:47	11:16	3:13:42
257	54 Joel Neely	Ridgeland	MS	28 M	161 16:25	232 1:32:55	17.8	222 1:49:20	258 84:38	12:06	3:13:58
258	122 Pam Warren	Collierville	TN	35 F	241 19:40	241 1:34:06	17.5	243 1:53:46	247 80:53	11:34	3:14:39

259	6 Candace Mixon	Pass Christi	MS	18 F	115 15:17	263 1:41:11	16.3	257 1:56:28	240 79:14	11:19	3:15:42
260	114 Tammy Young	Ridgeland	MS	34 F	248 20:11	259 1:39:18	16.6	261 1:59:29	234 77:16	11:03	3:16:45
261	272 Adam Robertson	Birmingham	AL	62 M	214 18:22	121 1:20:19	20.5	144 1:38:41	276 98:39	14:06	3:17:20
262	274 Jerry Whitener	Meridian	MS	63 M	278 28:52	247 1:35:09	17.3	269 2:04:01	226 73:58	10:34	3:17:59
263	96 Brett Graven	Ridgeland	MS	32 M	260 21:47	206 1:29:41	18.4	233 1:51:28	260 86:49	12:25	3:18:17
264	55 Elton Reed	Meridian	MS	28 M	151 16:17	215 1:30:09	18.3	203 1:46:26	268 93:04	13:18	3:19:30
265	166 Phillip King	Murfreesboro	TN	40 M	121 15:21	261 1:40:17	16.5	253 1:55:38	257 84:06	12:01	3:19:44
266	303 Kevin Weeks	Noxapater	MS	33 M	226 18:59	231 1:32:36	17.8	234 1:51:35	264 89:46	12:50	3:21:21
267	317 Patrick Ford	Metairie	LA	37 M	246 19:59	264 1:43:16	16.0	268 2:03:15	242 79:38	11:23	3:22:53
268	87 Richard Hammond	Pearland	TX	31 M	272 25:03	250 1:35:55	17.2	266 2:00:58	251 81:58	11:43	3:22:56
269	92 Apryl Hendon	Reno	NV	32 F				262 1:59:42	255 83:16	11:54	3:22:58
270	264 Billy Ezelle	Noxapater	MS	57 M	270 24:13	220 1:30:42	18.2	248 1:54:55	263 89:42	12:49	3:24:37
271	178 Lynne Thrailkill	Decatur	MS	41 F	187 16:59	226 1:31:37	18.0	218 1:48:36	273 96:09	13:45	3:24:45
272	93 Mike Sullivan	Fulton	MS	32 M	201 17:27	224 1:31:21	18.1	221 1:48:48	272 96:00	13:43	3:24:48
273	229 Tully Rhodes	Biloxi	MS	49 M	207 17:54	254 1:37:41	16.9	252 1:55:35	262 89:34	12:48	3:25:09
274	236 Danny Hancock	Naxapater	MS	50 M	271 24:46	229 1:32:07	17.9	258 1:56:53	261 88:24	12:38	3:25:17
275	202 Myrna Hancock	Naxapater	MS	45 F	279 28:52	225 1:31:33	18.0	264 2:00:25	269 93:29	13:22	3:33:54
276	23 Beverly Barber	Jackson	MS	23 F	266 23:11	271 1:50:59	14.9	274 2:14:10	249 81:30	11:39	3:35:40
277	242 Guy Nowell	Philadelphia	MS	51 M	230 19:02	217 1:30:19	18.3	223 1:49:21	280 106:27	15:13	3:35:48

278	219	Suzanne Todd	Meridian	MS	47	F	250	20:27	253	1:36:58	17.0	259	1:57:25	277	100:21	14:21	3:37:46
279	135	Lloyd Lane	Philadelphia	MS	37	M	281	36:15	266	1:45:09	15.7	276	2:21:24	243	79:41	11:23	3:41:05
280	227	Zane Hodge	Greenwood	MS	48	M	236	19:24	272	1:51:37	14.8	272	2:11:01	265	91:16	13:03	3:42:17

7/24/2004 4:14PM

HEART OF DIXIE TRIATHLON

July 24, 2004

Lake Tiak-O'Khata Louisville,MS

Place	NO.	NAME	CITY	ST	AGE	S	Plc	Time	Plc	Time	MPH	Plc	Time	Plc	Time	Mile	Time	PENLT
281	125	Jo-Carol King	Memphis	TN	36	F	182	16:54	270	1:49:04	15.1	271	2:05:58	278	101:15	14:28	3:47:13	
282	310	Marc Wilson	Madison	MS	51	M						273	2:12:59	271	95:02	13:35	3:48:01	
283	74	James Bystrom	Union	MS	30	M	280	31:08	268	1:45:24	15.7	275	2:16:32	266	91:47	13:07	3:48:19	
284	89	Byron Stokes	Noxapater	MS	31	M	275	25:15	258	1:39:16	16.6	270	2:04:31	279	104:03	14:52	3:48:34	

285	143	Greg McNair	Ridgeland	MS	38	M	282	40:46	269	1:47:34	15.3	278	2:28:20	270	93:45	13:24	4:02:05
286	278	C.T. Carley	Starkville	MS	71	M	276	25:20	273	2:00:27	13.7	277	2:25:47	275	98:27	14:04	4:04:14
287	91	Christopher Reed	The Woodland	TX	31	M						280	2:46:06	267	92:37	13:14	4:18:43
288	17	John Bounds	Bailey	MS	29	M						279	2:43:18	274	97:07	13:53	4:20:25
289	129	Steven Patterson	Jackson	MS	36	M	133	15:43									

7/24/2004 4:14PM